

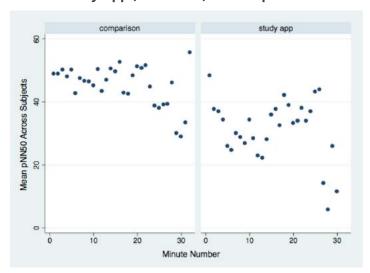
The L.A.U.G.H. App has been developed as a result of the ongoing successes combining the visual arts, music and movement. This multisensory approach creates positive energies and aligns the user's focus and concentration through significant cognitive engagement – with audiences that can range from children to adults.

We call the L.A.U.G.H. App the "Un-App App®" because we are embracing the new generations' use of technology and learning but carefully orchestrating the use of images, colors, sounds and music to create these evidence-based results.

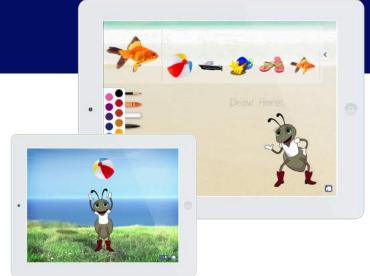
The L.A.U.G.H. App has just completed "evidencebased" testing with Seattle Children's Hospital, working with internationally recognized Dr. Dimitri Christakis and his research team.

The research group consisted of children ages 7-13. Half the group used the L.A.U.G.H. App and the other group chose an app of their choice from a typical selection for their age.

Mean pNN50* Over Time During App Use: Study App (L.A.U.G.H.) vs. Comparison



*the percent of beat-to-beat intervals >50 milliseconds different than the one immediately previous



66 The L.A.U.G.H.® App is distinguished from virtually all existing health apps

- Dimitri A. Christakis MD MPH, Director, Center for Child Health, Behavior, & Development.

Key Findings:

- Children showed physiological signs of more intense focus and concen**tration** while using the L.A.U.G.H. App than while playing with typical iPad® games.
- On physiological tests, children showed greater cognitive engagement while using the L.A.U.G.H. App than while playing with typical iPad® games.
- During the App use, **heart rate vari**ability was lower for those using the L.A.U.G.H. App compared to those playing other games - lower heart rate variability can be a sign of increased focus or concentration, as when students are taking a test.